

Cooking

Cook to this temperature or hotter:

- Eggs 145° F
- Fish 145° F
- Ground beef 155° F
- Pork 145° F
- Poultry 165° F
- Stuffed Meat 165° F
- Traditional Wild Game Meat 165° F

Microwave Cooking:

- Cover and cook (stir or rotate) to 165°F or hotter - then let food stand (with cover on) for 2 minutes.